

IMPORTANT! PLEASE READ: The FDA acknowledges that the ingredients in these cough and cold products have not been tested by today's standards to identify their levels of efficacy and safety. While further studies are pending, the manufacturers are voluntarily relabeling their recommended use of these products to "Do Not Use" in children less than 6 years of age. Given the need for further research, the dosages listed below are the current recommendations of our practice.

Cold Medicines

Dosages for cold medicines for different weights and ages							
Medicine Name	May Give Every	14-17 lbs. 6-11 mo.	18-23 lbs. 12-23 mo.	24-35 lbs. 2-3 yr.	36-47 lbs. 4-5 yr.	48-59 lbs. 6-8 yr.	60-85 lbs. 9-11 yr.
Benadryl Syrup	6 hours			1 1/2 tsp.	1 3/4 tsp.	2 tsp.	2 tsp.
Dallergy Syrup	4 - 6 hours	Do not use	Do not use	Do not use	1/2 tsp.	1 tsp.	1 1/2 tsp.
Dimetapp Elixir	6 hours	Do Not Use	Do Not Use	Do Not Use	1 1/2 tsp.	2 tsp.	3 tsp.
Nyquil (purple) Syrup	4 - 6 hours	Do Not Use	Do Not Use	Do Not Use	1-1/2 tsp.	2 tsp.	3 tsp.
Pediacare Cough-Cold Syrup	4 - 6 hours	Do Not Use	Do Not Use	Do Not Use	1 1/2 tsp.	2 tsp.	2 1/2 tsp.
Sudafed Syrup	6 hours	Do Not Use	Do Not Use	Do Not Use	3/4 tsp.	1 tsp.	1 1/2 tsp.

* CAUTION: We recommend that you use the dropper or dosage cup that comes with your medicine to avoid over dosage. Dosage recommendations on bottles may vary from the recommendation on these pages. We would like you to use our recommended dosages unless your health care provider has given you a different dosage. Aspirin should not be given to your child.